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# Cody The Allergic Cow: A Children's Story Of Milk Allergies





## Synopsis

"Cody the Allergic Cow" helps children learn about milk allergies and how to recognize an allergic reaction. "Cody" explains milk allergies in a way that parents, teachers, and children themselves can talk about allergies and understand them better.

### **Book Information**

Paperback: 26 pages Publisher: Jungle Communications, Inc. (November 1, 2004) ISBN-10: 1586280511 ISBN-13: 978-1586280512 Product Dimensions: 10.2 x 7.8 x 0.1 inches Shipping Weight: 4 ounces Average Customer Review: 4.4 out of 5 stars Â See all reviews (22 customer reviews) Best Sellers Rank: #2,685,012 in Books (See Top 100 in Books) #88 in Books > Health, Fitness & Dieting > Children's Health > Allergies #407 in Books > Health, Fitness & Dieting > Nutrition > Food Allergies

#### **Customer Reviews**

Our entire family loves this book. We were thrilled to find a book to help explain to our just turned 3 year old what his milk allergy is all about. He loves it! And asks to read it each night. I'm going to send it to preschool as well, so that the teachers there may inform the other children about why my son eats different foods than them. All in all a great book..easy to follow...great animations...don't wait...buy it now!

My 4 yr old daughter loves this book. It has helped her to understand and remember her milk allergy! She can name many things that she is allergic to after reading this book.

I purchased this book for my 3 year old son who was recently diagnosed with a milk allergy. He absolutley loves this book and in fact sleeps with it most nights. This book is basic and informative and helps a child understand what a milk allergy is. I hear comments from my son, "does this have cow's milk in it" and when I say yes he goes OK- Cody can not have cow's milk either. This book has been a great help in teaching my children about milk allergies. I would highly recommend this book to anyone who needs to explain a milk allergy to a child.

I bought this book for my granddaughter who is extremely allergic to milk and many other foods. She is 2 and 1/2 and we are trying to teach her not to pick up other people's food and eat it. This is a very informative yet simply done book-few words great pictures. It would be great for between 2-6 year olds. It also would be good to have in school libraries. Additionally, it would be helpful to read to an allergic child's class, so the other children will not offer her food and will understand why she brings her own. The pages seem thin for the price but we are delighted to get this book.

My son is allergic to milk and I am so happy to have found this book. I have bought books in the past about peanut allergy, but he is not allergic to peanut, so they have not worked well for us. This book is wonderful for kids just starting school. It is very child friendly and easy to read.

I bought this for my grandson who has an extreme dairy allergy. He brought it to school and it was well-liked and informative for everyone. This is a wonderful book and he is 6 yrs. old. The teacher loved it also.

My daughter is allergic to Dairy, Egg and Tree Nuts. This book was a great book to show her and her Kindergarten class that she may have allergies but is still a normal little child just like everyone else.

Like this book and the cute story it tells. Had seen it at one of my allergy support groups. We've started reading it to our child so that they can get used to feeling that it's o.k. to have a food allergy. They're only 2 so we've got a ways to go before they understand everything but it is a cute story. My friend wants to borrow it to read to her 3 year old so that he can understand a bit more what his friend is going through. So cute, great to share with a preschool, kindergarten or any younger children who have or know someone who has a food allergy. Hopefully this will introduce kids to this situation so that they don't bully their food allergy friends.

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